

Here at **A+ Sports Therapy** we treat a wide variety of injuries & conditions and offer all of the following services:

- Sports Therapy
- Sports Massage
- Remedial Massage
- Deep Tissue Massage
- Swedish Massage
- Myofascial Release
- Postural Analysis
- Gait Analysis
- Taping

Please visit our website for further in-depth info on all of our therapeutic practices.

[www.aplussportstherapy.co.uk](http://www.aplussportstherapy.co.uk)



## **A+ Sports Therapy**

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Phone: 07900 048788

Email: [info@aplussportstherapy.co.uk](mailto:info@aplussportstherapy.co.uk)

Web: [www.aplussportstherapy.co.uk](http://www.aplussportstherapy.co.uk)

*Clinic located within:*  
**Rational House**  
**Lower Ground Floor**  
**64 Bridge Street**  
**Manchester**  
**M3 - 3BN**

# **A+ Sports Therapy**

*Sport &  
Physical  
Therapy  
Services*



**07900 048788**

# About A+ Sports Therapy

We are an injury & rehabilitation clinic staffed only with graduate sports therapists, indeed some of our therapists are not only graduates, but also hold or are working towards higher degrees within Sports Therapy.

We have male & female clinicians on staff & our therapists who are all members of "The Society of Sports Therapists", have years of experience having worked on many differing conditions & types of injury, treating patients of all ages & from all backgrounds not just sport, although we are all extremely adept at treating sports injuries.

We offer a full array of treatments which can aid in the rehabilitation of musculoskeletal conditions & injuries.

So please don't hesitate to contact us should you require a consultation or treatment.

## Treatment Tariffs

### Sports Therapy/Myofascial Release

30 Minute Treatment = £35.00

60 Minute Treatment = £50.00

### Massage Therapy Treatments

#### Sports Massage

30 Minute Treatment = £30.00

60 Minute Treatment = £45.00

### Remedial (Deep Tissue) Massage

30 Minute Treatment = £30.00

60 Minute Treatment = £45.00

### General (Swedish) Massage

30 Minute Treatment = £25.00

60 Minute Treatment = £40.00

### Additional Treatments

#### Postural Analysis

30 Minute Assessment = £20.00

#### Gait Analysis

Gait/Biomechanical Analysis = £100.00

#### Kinesiology Taping

15 Minute Treatment = £12.00

30 Minute Treatment = £20.00

#### Also Available

Clubhouse + Sports/Corporate Events

Home Visits (in emergencies)

Treatment Gift Certificates

**Discounts are periodically available**

At **A+ Sports Therapy** all of our therapists constantly endeavor to focus upon each individual, thereby offering a specialist level of personal consideration & provide treatments which are appropriate to their personal needs.

Book an Appointment  
ONLINE  
at

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